

**ASIST***Applied Suicide Intervention Skills Training*

# ASIST

## Applied Suicide Intervention Skills Training

### Workshop Location

Lyon County School District—Professional Development Center  
Silver Springs, NV

Thursday, August 19th, 2010 and Friday, August 20th, 2010

7:30 a.m. - 8:00 a.m. Registration

8:00 a.m. - 4:00 p.m. Program

The Office of Suicide Prevention invites you to attend this special presentation of Applied Suicide Intervention Skills Training (ASIST). ASIST is a program designed for caregivers seeking to prevent the immediate risk of suicide. The emphasis of the ASIST workshop is on suicide first aid. The workshop is 2 full days, attendance at both days is essential. At the end of the workshop participants will be able to:

- ◆ Recognize invitations for help
- ◆ Reach out and offer support
- ◆ Review the risk of suicide
- ◆ Apply a suicide intervention model
- ◆ Link persons at risk with community resources

**Faculty:** **Training provided by the staff of the Office of Suicide Prevention**

(All trainers are LivingWorks certified trainers)

**Misty Allen, MA**, Suicide Prevention Coordinator

**Cassandra Darrough**, Youth Suicide Prevention Specialist

**Community**

**Support:**

**Pete Chapin**, Lyon County School District, Director  
of Curriculum and Accountability

**CE Credit:** **Area Health Education Center (AHEC) of Southern Nevada** approves this program for 16.2 contact hours of **nursing** continuing education credits. This program has also been approved for continuing education credits by the following boards: **State of Nevada Board of Examiners for Alcohol, Drug and Gambling Counselors** for 13.5 hours; **State of Nevada Board of Marriage and Family Therapist Examiners** for 13.5 hours; **State of Nevada Board of Psychological Examiners** for 13.5 hours; **State of Nevada Board of Board of Examiners for Social Workers** for 13.5 hours; **State of Nevada Department of Education** for 1.0 credits.

**Fees:** **\$75.00** fee for this program. (Includes cost of training materials, supplies, food and beverage.)  
(Please make checks payable to the Nevada Coalition for Suicide Prevention)

**Register:** **Registration deadline is August 16th, 2010.** Registration is considered complete once the registration form and program fees are received. To mail your registration, address envelope to: Office of Suicide Prevention, Attn: Cassandra Darrough, 445 Apple Street, Suite 104 Reno, NV 89502. Or fax: (775) 688-1952.

**Questions:** Misty Allen, Suicide Prevention Coordinator—775-443-7843 [mvallen@dhhs.nv.gov](mailto:mvallen@dhhs.nv.gov)  
Cassandra Darrough, Youth Suicide Prevention Specialist, (775) 315-4140  
[cldarrough@dhhs.nv.gov](mailto:cldarrough@dhhs.nv.gov) – or in Elko, Jan Bassier, (775) 934-6670.

Recent participants had this to say about ASIST:

“I use ASIST in virtually every crisis situation, volunteer and work... Thank you for this life-changing program.”

“My overall level of confidence in dealing with this type of situation increased 100% both in knowledge and skills.”

“Workshop was great. High participation and involvement... The most practical counseling training experience I’ve had.”

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**Please print legibly**

Name: \_\_\_\_\_ Employer: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Alternate Number: \_\_\_\_\_  
Email: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Profession: \_\_\_\_\_ License No: \_\_\_\_\_

Registration fee \$75 (please circle): Payment included – Payment will be mailed  
**\*\*Make checks payable to the Nevada Coalition for Suicide Prevention\*\***

*Coffee and juice will be provided for your convenience, the lunch menu will be as follows:*

**Tuesday: Sandwich lunch** (includes lettuce, tomato, chips, pickle spear, mint and condiments)  
*There will be a variety of sandwiches to choose from served with the items listed above.*

**Wednesday: Pizza lunch**  
*There will be a selection of pizza choices served with salad.*

If you require any special accommodations (ie. large print handouts, wheelchair accessible seating, dietary restrictions etc.) please list \_\_\_\_\_

Funding for this conference was made possible (in part) by the Garrett Lee Smith Memorial Grant from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

**Please make a copy and keep this form for your records prior to submission**

**Nevada Coalition for Suicide Prevention  
445 Apple Street, Suite 104 Reno, NV 89502  
Attn. Cassandra Darrough**